



Health Benefits Simplified

Abilities Services Medical Benefits Overview

Effective 10/1/2017 | 844-804-8118 | www.myasibenefits.com



Welcome!

HealthEZ is your new benefit administrator. We help companies all over the US provide custom, personalized benefits, and we're here to make your life easier! We are a family-owned business serving families like yours for over 35 years.

Your employer selected HealthEZ because we are truly a different kind of health care company. We understand health insurance can be very complicated, and it's our goal to help you navigate the health care maze. **We are here to serve you!**

We start by answering our phones with human beings – if you're sick or just have a simple question about your benefits, we are here to listen and help you. You have one dedicated phone number to call no matter what you need.

We provide you with a simple online statement once a month if we have processed any claims – making it easy for you to understand what your doctor billed, what your insurance paid and what you owe. You can even pay your part of the bill online!

HealthEZ doesn't serve clients; we serve people. **We are here to take care of you.**



HealthEZ Resources

Personalized Customer Service

Abilities Services has a dedicated phone number 844-804-8118 that is answered by humans between the hours of 8 a.m. and 7 p.m. Central Time. No phone trees! After business hours, you simply press “3” to reach our 24/7 nurseline.

Care Management and Nurseline

You have 24/7 access to HealthEZ’s team of experienced nurses and doctors. Have a health-related question or need help finding the right doctor? Give us a call at 844-804-8118. We would love to help you!



HEALTHezpay

The EZ Way to Pay Your Medical Bills

Pay your medical bills the easy and accurate way.

- Safe
- Secure
- Easy
- You click, we pay!

To find out more, visit www.myasibenefits.com, or call 844-804-8118.

Find a Doctor

Your primary medical network is Cigna.
To find a doctor, visit www.myasibenefits.com.



Pharmacy

MagellanRx
MANAGEMENTSM

Your pharmacy benefit manager is MagellanRx.

Did you know you can save money on prescriptions depending on where you shop? Go to your www.myasibenefits.com for information that will save you money!



Boost Your Baby

Healthy moms, happy babies. Planning a family? Call us!

Boost Your Baby helps moms and dads during and after pregnancy to have healthy and happy babies. Our team includes Mommy Mentors, specialist nurses, doctors, and mothers committed to serve you.

Visit www.boostyourbaby.com for more information.



Your Personal Benefits Website

Once you receive your ID card, you'll be able to set up your online account to view all your information related to your benefits, including:

- How to Find a Doctor
- Pharmacy benefits – help with price shopping
- View paid claims
- Print a temporary ID card or save it on your smartphone or tablet
- Set up your HealthEZpay account
- View all the details of your plan

Summary of Medical Benefits		
\$1,000 Copay Plan		
	In-Network	Out-of-Network
Calendar Year Deductible		
Employee Only	\$1,000	\$3,000
Family	\$2,000	\$6,000
Coinsurance	20%	50%
Out-of-Pocket Maximum		
Employee Only	\$5,000	\$10,000
Family	\$10,000	\$20,000
Preventative Care	100% Covered	Not Covered
Physician Services (PCP / Specialist)	\$30 Copay / \$60 Copay	50%*
Hospital Services – Inpatient & Outpatient Care	20%*	50%*
Emergency Services**	\$300 Copay, then 20%	50%*
Urgent Care Services	\$100 Copay	50%*
Chiropractic Services	\$30 Copay	50%*
Mental Health / Chemical Dependency		
Inpatient	20%*	50%*
Outpatient	No Charge	50%*
Prescription Drug Coverage	Retail 30 Day Supply	Mail Order 90 Day Supply
Generic	\$10 Copay	\$25 Copay
Preferred Brand	\$35 Copay	\$87.50 Copay
Non-Preferred Brand	\$60 Copay	\$150 Copay
Specialty	\$300 Copay	Not Available

NOTES: This serves as a summary of your benefit plan only. Please refer to your Summary Plan Description for actual coverage, limitation and exclusion provisions.

*After Deductible

**Covered as in-network in true emergency