



# promote an active lifestyle



The EZfit program from HealthEZ makes it easy for members to get credit for their health club workouts.

This program is open to employees enrolled in participating health plans. EZfit members can receive up to \$20 per month towards club membership costs if they meet the required 12 visits per month. The program covers up to two people per household who are 18 years of age or older.

Employees will need to submit to HealthEZ a copy of their monthly bill or payment history showing their monthly membership dues. These will be submitted monthly, along with proof of visits. Reimbursements will be a direct deposit made into a bank account of their choice.



[HealthEZ.com](http://HealthEZ.com)  
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